# How to Join a Teams Meeting

## Computer

Select **Join Microsoft Teams Meeting** in your meeting invite to be taken to a page where you can choose to either join on the web or download the desktop app. If you already have the Teams app, the meeting will open there automatically.

Make sure to have your **Camera** and **Microphone On**.

*Note:* Should you join the Teams Meeting on the web without the Camera On, you will need to leave the meeting and join again with the Camera On.

## Mobile device

Select **Join Microsoft Teams Meeting** in your meeting invite to be taken to a page where you can choose to download the mobile app. If you already have the Teams app, the meeting will open there automatically.

If you don’t have a Teams account, select **Join as a guest**and enter your name to join the meeting as a guest.